



PSYCHOTHERAPY TREATMENT REPORT

Patient Information

Name: _____ Insurance ID: _____

Date of Birth: _____ Sex: M F Group Coverage Through: _____

Treatment Information

Patient First Seen: _____ Date of Most Recent Visit: _____

Diagnosis: _____

Current Symptoms

- | | |
|---|---|
| Anxiety <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Mania <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe |
| Cognitive Disturbance <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Mood Instability <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe |
| Depression <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Obsessions/Compulsions <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe |
| Hopelessness <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Panic Attacks <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe |
| Hyperactivity <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Psychotic Symptoms <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe |
| Inattention <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Restricting/Binging/Purging <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe |
| Irritability <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Sleep Disturbance <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe |
| Impulsivity <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Weight Change <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe |
| Low Energy <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Other _____ |

Current Functional Impairments

- | | |
|---|---|
| Family/Relationship <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Physical Health <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe |
| Employment/School <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe | Other _____ |

Current Substance Abuse (SA) Please Note: Substance - Amount / Use Frequency / Date of Last Use

If SA Identified: SA Program: Referred InProgress Completed N/A / Support Group Attendance / Sponsor

Current Risk Assessment: No current risk concerns Risk Factor Identified: Danger to Self Danger to Others
Level: Ideation Plan Intent (without means or with means) Hx DTS/DTO Hx Hospitalization

Psychotropic Medication: Prescribed By: _____ PCP Psychiatrist Other: _____ Last Seen: _____
Medication(s)/Dose: _____

Coordination of Care

Communication Documented with: PCP Specialist Physician Psychiatrist Therapist

Community Referrals made to: _____

Participation/Compliance with Treatment Recommendations

Patient: High Moderate Low* None*
Family: High Moderate Low* None* N/A

Treatment Progress

Improvement is: Major Moderate Minor* None*

*Include in treatment plan below, explanation of how lack of treatment compliance and/or progress is being addressed

Treatment Plan (Goal-oriented resolution of current symptoms, evidence-based techniques, and rationale for continued services):
Include as an attachment any recent survey scores (e.g. PHQ-9, Ham-D 24, BPRS, etc.)

Visit Frequency: Weekly Every Other Week Monthly Other: _____ Treatment Episode Completion Expected: _____

My signature below confirms the information provided is accurate and I am providing the requested services